

## PSYCHOLOGICAL PROBLEMS IN CHILDREN AND METHODS OF WORKING WITH THEM

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**Abstract.** In the article in children psychological problems, their come exit reasons and this problems with of work effective methods illuminated. Research during in children occurring emotional, behavioral and cognitive problems - fear, anxiety, aggression, attention deficiency, self-distrust such as situations analysis also, psychological problems in determining diagnostic, psychological conversation, game therapy, training training and parents with cooperation importance open is given. Work results children psychology in the field activity driver educators, psychologists and parents for practical importance profession will reach.

**Key words:** child, parent, psychologist, advice, spiritual changes, psychological problems, mental depression, fatigue, anxiety, fear, aggression, stress, depression, behavior disorders, adolescent, difficulty, outcome.

### INTRODUCTION.

In children to be spiritual any changes parents to worry to put natural. But it's not always like this changes adults immediately they don't notice. In children this situation growing up to the problem only when it turns adults to worry fall, they start.

Children's psychological problems from adults' difference does. Usually this study and behavior with related problems, age be complete crises, parents or adults with to be our conflicts.

Such worries parents' psychologist in front of to go forced does sometimes. In children happened was and happening changes about psychologist advice they form of the problem solution will be. [3]

Psychological advice - people to worry putting problems solution in doing, previous research to the results based on advice to give through psychological help show. Psychological advice places psychological advice organizing transferable time, methods, tools again this participation to grow the role of a psychologist-consultant customer with communication to do style and others into account Psychological advice - various psychological tips are, they are see outgoing of problems to nature according to For example: intimate-personal, family, psychological - pedagogical service and others. [4]

Psychological need advice to those who have advice and recommendations as expert psychologist by directly given psychological help show with related was practical psychology separately to the field They are said to be psychologist by customer in life face arrived problem initially having studied exit and personal conversation based on is given. [7]

## THE STUDY OF THE TOPIC.

Children's psychological problems according to research scientists who took Among Jean Piaget works to praise worthy. L.S. Vygotsky children's social development and speech study processes according to research take he went to his " nearby " development the concept of "zone" children education and in psychology important. [1]

Erik Erikson children and teenagers social development according to research take His " Psychosocial development " stages " theory children and smiles problems to understand help gives. Another scientist Sigmund Freud child's psychosexual development stages about theory created. His research modern psychoanalytic approaches basis organization does.

Skinner behaviorism direction according to children to the behavior impact conductor factors on work take Lawrence Kohlberg moral development theory working out, children how as right and wrong concepts to master research did.

For children psychological advice of giving main task - of the youth to oneself typical features and child's in their behavior from adult differences into account received without, to the child growing difficulties to overcome help is to give. Every at the age of to be crisis of course in children themselves unnoticed and didn't understand without difficulty with to pass natural status. Only this adult, parents they don't understand Just like that crisis the child the environment, the world, things and events, social relationships from understanding tree gives actually. About this adult and parents' knowledge and to children help give condition. [4]

Children with of work main from the sides one is psychological advice work children and parents with together 12-13 years old until child's almost all problems, even the environment, objects study or peers with communication to do with related problems even if, he or she this in a way parents with It depends. Therefore, for psychologist both child and parents with If it works, therapy efficiency high will be.

Children for psychological advice other there are also features. Of these one in the child psychological problems that there is insensitivity. In behavior happening changes noticed parents the child to a specialist take they go.

However, parents the child to a psychologist take arrived even though this children problems to the existence guarantee Parents by take bride and appeal to be done problem illiterate and to their parents' obedience not doing they are children. from a psychologist so the opportunity to "fix" the child has to be they wait. Such without, psychologist to parents all problems first in line family inside relationship with be the sweetness explanation necessary Parents will be there until the child is born. everyone thing about enough at the level to concepts has until to parents leans on them, imitates them. [ 7]

In children the most many occurring problems:

New to the condition's adaptive difficulty. Family new to the place moving, new baby children be street or at school peers, teachers with relationships install if not face to give possible.

Behavior disorders. For example, lying to speak tendency, others with communication in doing aggression, school or children to kindergarten refuse to go.

From this outside so to problems anxiety, fear, phobia, sleep problems in the family brother or your sister appearance to be, beloved person's death, enuresis or other psychosomatic views and parents' divorce to include the likes possible. [5]

Children for to age related psychological advice from work one this teenager with is to work.

Children psychologist their customers two to category to be possible: up to 12-13 years old was children and under 18 years old was teenagers. Teenagers to oneself typical psychological problems there are: they not a child anymore, but still not big either. Exactly osmole during people in the world their own place about serious, I think. they begin and maturity, independence demonstration to reach there is forces with They strive for this. except for the plants peers to the effect exposed they will be, this and oneself respect to do, worry and rejection feeling to decrease take comes. [5]

Often teenagers' parents' words and to the advice negative in a relationship they will be, but the other reputable adults his/her opinion listening possible. If psychological advice according to expert to a teenager approach find If he gets it, he is young. to the customer himself interested to questions answer to take help gives him feelings from the head to forgive teaches, characteristic problems solution does.

USED.

Children psyche in learning one how many from methods is used. Each method children's spiritual and emotional status deep analysis to do for is used. The following methods the widest widespread and effective is:

#### 1. Observation (viewing) method

This method the children natural in the circumstances, that is they game while playing or daily in activity when it was to observe own inside Psychologists children how in a relationship to be, their emotional their answers and social changes analysis Observation especially children their feelings complete inability to express because of very useful

#### 2. Experimental method

This method children psyche laboratory under the circumstances or controllable in cases from the test transfer through to study own inside Experiments children's behavior and psychological reactions in determining is used. Example for, children to stress how answer to give study for various kind situations create possible.

#### 3. Testing method

Psychological tests children psyche measurement for These tests are used children's cognitive (knowledge) get) and emotional development in measurement help for example, IQ tests or special child psychology for working issued tests.

#### 4. Interview method

Psychologists are child or his/her parents with interview the child passed psychological status determinations This method is especially useful when the child is trying to express his/her feelings. light expression to grow difficult if so, very effective to be possible.

#### 5. Projective tests

This method child's internal the world determination for various kind projective

from tests For example, Rorschach tests or Debutante (child drawing) drawing test) methods children's psychological status and internal experiences in determining used. Children's pictures or images through his/her own emotional and psychological status manifestation does.

#### 6. Psychometric method

This method children psyche in measurement mathematician and statistic methods Psychometric tests children's mental development and socio-emotional status determination for is used.

#### 7. The situation simulation to do

This method child's various to situations how in a relationship to be study for is used. For example, a stressful in the situation child's reaction observation or the children in the group to work encouragement.

#### 8. Psychological intervention

Some in cases psychologists' children with problems solution to do for special methods, such as psychotherapy or psychological advice applications This method is possible. children in the psyche problems solution in doing help gives.

These methods together if used, children in psychology problems deeper and more complete study opportunity gives. Each method children of the psyche various aspects to study help gives, that with together, their emotional status, abilities and problems better to understand help gives.

If customers enough sincere if yes, expert child's and parents ' feelings, their problems, possible was fear and concerns about important to the information has There will also be personal features and in the family environment about.

Play in the way psychologist from a child task execution, picture drawing or other creative work to do asks. Play method fairy tale and stories to compose and to them add, this including pictures based on story to compose own inside takes. Play therapy other Types: sandy game therapy, dolls with games, figurines with stage manifestations, art therapy. [7]

#### RESEARCH RESULTS.

Children psyche study according to take visited research many interesting results and approaches presented reached.

Jean Piaget children cognitive development to study, to learn how as step by step development He/She/ It is determined. research following to the results take arrived:

Sensorimotor stage (0-2 years): Children the world sensitivity and actions through learns.

Preoperational stage (2-7 years): Children mental imaginations develop they start, but logically in thinking restrictions there is.

Concrete operational stage (ages 7-11): Children clear imagination based on thinking they learn and logical thinking they develop.

Formal operational stage (age 11) high): Children complicated issues solution do they get and abstract thinking they start.

L. S. Vygodsky children in development social of the environment importance His " close development " zone " (ZPD) concept:

Research as a result Vygodsky emphasized that children new information

spontaneously not, maybe experienced leaders or adults using They learn. He is the child in development language and of communication importance considered great. Vygotsky to the mind according to, children small in groups to play through society understand. [1]

John Bowlby his " attachment " theory working came out. His research this showed that:

Children own their mothers or them care doing individuals with solid emotional connection installations need. It's to their research according to this connection's children psychological in development very important role plays and they mutual in relationships security feeling provides.

Erikson in his " psychosocial development "stages" theory working came out. His research this showed that:

Children and youth during various social and emotional problems solution they do for example, children own who in understanding problem to the surface arrival possible (self) determination stage). During this period parents and society support very important.

B.F. Skinner children behavior study according to wide comprehensive research He/ She has been practicing the behavior. conditional answers and encouragement through management possible proved:

Skinner's to their work according to, to children right and mistakes brought releasing incentives using teaching and behavior change possible. Its research shows that encouragement and reward children in teaching effective from methods is one.

Children psychology study according to take visited research results children's mental, emotional and social development complicated process that shows. Each scientific approach children's various psychological situations, behaviors and development stages to understand help These studies also show that parents and to educator's children's needs better to understand and them to support opportunity gives.

#### CONCLUSION.

Children problems with while working parents with cooperation on the road to put the child various from cases take on the way-out family members with movement effective result gives. Result only children towards it's not maybe parents positive side the result take comes. To the child relevant problem only child's not, maybe It's family. So, in this case to the family relevant was problem solution will be. [3]

Either/ or this disadvantages there is a child, as a child to stay, to at the age of all children like to needs ownership to parents' explanation very is important. Here wrong of upbringing various forms very is harmful. With this related accordingly advice to give in practice, each problem according to progress process young to the period compatibility, its leader activity and others about issue discussion to do necessary. Available difficulties to overcome aimed at activity child's needs and to forbid their interests on account of done not to be exceeded Parents need such the situation explanation for a child heavy to the consequences take coming wide widespread pedagogical of mistakes prevent to take opportunity (For example, small school student or teenager peers with without playing , just reading with to engage

in coercion). [6]

Children's mental development correction to do intuition and perception abilities develop tasks own inside Children 's to feel abilities in correction perception operations develop and intuition samples system mastery as done All children for picture drawing, various from plasticine things making, application, viewing activities wide Children's his/her thinking in correction to know motives develop important structural part is considered. Children vivid his/her thinking in development subject-role games, rules games important role plays.

#### RECOMMENDATIONS.

Child or to the world psychological advice to give algorithm the following own inside takes:

Parents with to meet. Psychologist parents' problem how see determines. Adults from the words of the child and situation about information collects.

With a child to meet. This in stages psychologist child's problem how see determines.

Diagnostics. Specialist customers personality, they between relationships learns and of the problem reason in what that offer does, that is psychological hypothesis previously pushes.

The reason explanation. Psychologist hypothesis checks. With the child talking, expert himself/ herself determined of the problem reason right or whether there is This determines in stages psychologist to the child problem solution to do options offer to do possible.

Parents with conversation. Consultant adults with children of difficulties possible was the reasons discussion does the situation change and child's negative experience no to do their ways offer does.

Child- family. Psychologist family with consult, agree was changes following goes.

In children psychological problems are their young to the period typical development in the process natural accordingly to the surface coming , but indifferent if left personal and social to maturity negative impact to show possible was Fear, anxiety , aggression , attention deficiency, self-distrust, communication difficulties such as problems often family environment , upbringing style, social factors and emotional of needs dissatisfaction with related will be.

This problems with at work individual approach, the child young and personal features into account to take important importance has. Psychological conversations, games therapy, training training, observation and diagnostics methods the child deep to understand and of the problem original the reasons to determine help gives. With this together, parents and of educator's psychological literacy child's spiritual stability in providing important factor is considered.

Conclusion as in other words, in children psychological problems early determination and they with systematic, scientific based and to love relied on without work child's healthy psychological development, itself confidence and to society successful adaptation important is a guarantee.

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