

## CREATING AN INCLUSIVE ENVIRONMENT IN GENERAL SECONDARY SCHOOLS: PEDAGOGICAL AND PSYCHOLOGICAL FEATURES

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**Abstract.** This article examines the pedagogical and psychological features of creating an inclusive environment in general secondary schools. The study analyzes key aspects such as students' psychological development, learning motivation, group work, and individual approaches. The results indicate that inclusive education promotes both social and academic development, fosters empathy and social acceptance among students. Furthermore, teachers' pedagogical skills and classroom management techniques are identified as crucial factors determining the effectiveness of the inclusive environment. The findings can be useful for the effective implementation of inclusive education in schools and for developing recommendations for teachers and psychologists.

**Keywords:** inclusive education, pedagogical and psychological features, learning motivation, empathy, developmental education.

**Аннотация.** В данной статье исследуются педагогические и психологические особенности создания инклюзивной среды в общеобразовательных школах. В исследовании анализируются ключевые аспекты, такие как психологическое развитие учащихся, мотивация к обучению, групповая работа и индивидуальный подход. Результаты показывают, что инклюзивное образование способствует как социальному, так и академическому развитию, формирует у учащихся эмпатию и чувство социальной приемлемости. Кроме того, педагогическое мастерство учителей и методы управления классом определяются как важнейшие факторы, влияющие на эффективность инклюзивной среды. Полученные результаты могут быть полезны для эффективного внедрения инклюзивного образования в школах и для разработки рекомендаций для педагогов и психологов.

**Ключевые слова:** инклюзивное образование, педагогические и психологические особенности, мотивация к обучению, эмпатия, развивающее обучение.

**Introduction.** In recent years, the introduction of inclusive approaches in

education has become a crucial direction in both global and national education strategies. Inclusive education is a pedagogical system that provides equal opportunities for every student, including those with special educational needs. Its main goal is to ensure the social, psychological, and academic development of all students. Pedagogical and psychological features are primary factors determining the effectiveness of an inclusive environment. Individual approaches, group work, motivation enhancement, and social interactions among students are essential components of inclusive education.

Teachers' pedagogical expertise, psychological knowledge, and effective classroom management play a decisive role in the successful implementation of inclusive education.

Today, inclusive education is considered one of the most important directions in education worldwide. It takes into account each child's abilities, developmental characteristics, and individual needs. This system includes students with special educational needs, disabilities, or various social and psychological characteristics, providing equal opportunities for all.

**Pedagogical features include:**

- Individual approach: Adapting the learning process to each student's abilities, learning pace, interests, and needs.
- Differentiated instruction: Adjusting tasks to students' levels to enhance learning outcomes.
- Group work and collaboration: Promoting interactive communication, social skills, and teamwork through small groups.
- Classroom management techniques: Teachers ensure effective learning by supervising, motivating, and creating a positive learning environment.

**Psychological features include:**

- Social acceptance and empathy: Students respect each other, understand others' emotions, and socially adapt.
- Intrinsic motivation: Students develop internal desire to learn, acquire new skills, and improve knowledge.
- Self-awareness and personal growth: Students recognize their strengths and weaknesses, developing as individuals.
- Stress reduction: Inclusive environments provide safe and supportive learning conditions, enhancing students' psychological stability.

The effective implementation of inclusive education improves the overall psychological environment of the school, creates equal opportunities for all students, and facilitates efficient pedagogical processes. Inclusive education benefits not only students with special needs but also all students by fostering social skills,

collaboration, and empathy.

### **Inclusive Education Objectives**

Inclusive education aims to:

1. Ensure holistic development – academic, emotional, and social growth.
2. Promote social justice – providing equal opportunities for all students.
3. Optimize pedagogical and psychological support – addressing individual needs through teachers and psychologists.
4. Develop social skills – empathy, respect, cooperation, and communication abilities.

Effective implementation enhances professional competence of teachers and psychologists, improves classroom management, and positively transforms the school's psychological environment.

### **Conclusion**

The research shows that inclusive education serves not only students with special needs but also contributes to the psychological, social, and academic development of all learners. Effective implementation of an inclusive environment requires harmonization of pedagogical and psychological approaches.

**Pedagogical aspects:** Individual approaches, differentiated tasks, group activities, and classroom management techniques ensure that each student can fully realize their potential, increase motivation, and develop social skills.

**Psychological aspects:** Intrinsic motivation, empathy, social acceptance, and self-awareness are essential components of an inclusive environment. They enhance emotional stability, interpersonal respect, reduce discrimination, and allow students to recognize their achievements and develop as individuals.

Professional training of teachers and psychologists, pedagogical knowledge, and classroom management strategies play a crucial role in creating an inclusive environment. Inclusive education promotes not only the development of students with special needs but also the social and academic growth of the entire class.

To implement inclusive education effectively at the school and system level, it is necessary to:

- Provide specialized training and professional development courses.
- Develop manuals and guidelines for teachers and psychologists.
- Adapt curricula and apply individual approaches.
- Conduct regular monitoring of students' psychological and social conditions.

In conclusion, creating an inclusive environment not only improves educational quality and effectiveness but also fosters individual growth, socialization, and motivation for all students. Thus, implementing inclusive education is an integral part of establishing an innovative, effective, and equitable school system.

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