



FORMING LIFE SKILLS IN STUDENTS THROUGH THE SUBJECT OF EDUCATION

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Annotation:

This article discusses the role of the Education (Tarbiya) subject in developing life skills among students. It examines the importance of fostering communication abilities, critical thinking, problem-solving skills, responsibility, decision-making, and social competence through educational activities. The article also highlights the significance of life skills in preparing young people for successful participation in modern society and emphasizes the contribution of the Education subject to the comprehensive development of students.

Keywords:

education, life skills, students, personal development, communication skills, critical thinking, responsibility, social competence, decision-making, character building.

Education plays a crucial role in shaping the personality, values, and behavior of young people. In the rapidly changing world of the twenty-first century, students need not only academic knowledge but also practical life skills that enable them to adapt to various social, economic, and professional situations. Therefore, the Education (Tarbiya) subject has become one of the essential components of modern educational systems aimed at preparing students for independent and responsible lives. Life skills are the abilities that help individuals effectively deal with the challenges and demands of everyday life. These skills include communication, critical thinking, problem-solving, emotional management, decision-making, teamwork, leadership, and responsibility. Developing such competencies contributes to personal growth and social success. Schools and educational institutions play an important role in fostering these abilities through both academic instruction and



character education. The Education subject provides a valuable platform for developing students' life skills. Unlike many traditional subjects that focus primarily on theoretical knowledge, Education emphasizes practical values, ethical behavior, and real-life applications. Through discussions, role-playing activities, group projects, and interactive learning methods, students gain experience in solving problems and making responsible decisions. One of the most important life skills developed through Education is communication. Effective communication enables students to express their thoughts clearly, listen actively to others, and build positive relationships. Classroom discussions, debates, and collaborative projects encourage learners to improve their speaking and listening abilities. These communication skills become essential in both personal and professional life. Critical thinking is another key competency promoted by the Education subject. Students are encouraged to analyze information, evaluate different perspectives, and make informed judgments. In an age of rapid technological development and information overload, the ability to think critically is essential for distinguishing reliable information from misinformation. Education lessons help students develop independent thinking and intellectual curiosity. Problem-solving skills are closely related to critical thinking. Everyday life presents numerous challenges that require practical solutions. Through case studies, simulations, and real-life scenarios, students learn how to identify problems, consider alternatives, and choose effective solutions. These experiences prepare them to face future challenges with confidence and resilience. The Education subject also contributes significantly to the development of responsibility. Responsible individuals understand the consequences of their actions and fulfill their obligations toward family, school, and society. Through educational activities focused on ethics, citizenship, and social responsibility, students learn the importance of accountability and integrity. These values help create responsible citizens who contribute positively to their communities. Decision-making skills are essential for personal and professional success. Young people regularly encounter situations that require them to make choices affecting their future. Education lessons provide opportunities for students to practice decision-making by evaluating different options and considering potential outcomes. This process strengthens their confidence and independence. Emotional intelligence is another important aspect of life skills education. Students need to understand and manage their emotions effectively while showing empathy toward others. The Education subject encourages emotional awareness and self-



control through discussions about relationships, respect, and social interactions. These skills promote mental well-being and healthy interpersonal relationships. Teamwork and cooperation are highly valued in contemporary society. Most professional environments require individuals to work collaboratively with others. Through group activities and cooperative learning tasks, students learn how to share responsibilities, respect different opinions, and work toward common goals. These experiences help develop leadership qualities and collaborative competence. The role of teachers in developing life skills cannot be overstated. Teachers serve as role models who demonstrate positive behavior, ethical values, and effective communication. By creating supportive and inclusive learning environments, educators encourage students to participate actively and develop confidence in their abilities. Professional guidance from teachers helps learners acquire practical skills necessary for lifelong success. Parents and families also play an essential role in reinforcing life skills education. Cooperation between schools and families creates a consistent environment where students can apply and strengthen the values and skills learned in the classroom. Joint efforts contribute to the formation of well-rounded individuals capable of making positive contributions to society. Modern educational technologies further enhance life skills development. Digital tools, online learning platforms, and interactive resources provide students with opportunities to engage in collaborative projects, access information, and develop technological competence. Integrating technology into education supports creativity, innovation, and adaptability—qualities that are increasingly important in the modern world. Life skills education contributes directly to students' future employability. Employers increasingly seek candidates who possess strong interpersonal, communication, and problem-solving abilities alongside technical knowledge. By developing these competencies through the Education subject, students become better prepared for higher education, employment, and lifelong learning. In addition to professional preparation, life skills contribute to social harmony and personal well-being. Individuals who possess strong communication, empathy, and conflict-resolution skills are more likely to build positive relationships and participate actively in community life. Therefore, life skills education benefits not only individuals but society as a whole. The continuous development of life skills should remain a priority within educational systems. Curriculum designers, policymakers, teachers, and parents must work together to ensure that students receive comprehensive preparation for the demands of modern life. The Education subject



provides a powerful framework for achieving this goal by combining moral education with practical skill development. Conclusion The Education (Tarbiya) subject plays a significant role in forming life skills among students. Through the development of communication, critical thinking, problem-solving, responsibility, emotional intelligence, and teamwork, students become better prepared for personal and professional success. Strengthening life skills education contributes to the formation of responsible, confident, and socially active citizens capable of meeting the challenges of contemporary society.

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