

DESIGN AND MANUFACTURING TECHNOLOGY OF OVERALLS FOR PRESCHOOL CHILDREN

Razzokova Yekutoy Gulmamatovna

Production Training Master

Kattaqo'rg'on District Technical No. 1, Samarkand Region

Abstract:

Children's clothing plays a significant role in ensuring comfort, safety, and healthy physical development during early childhood. Among various types of children's garments, overalls are considered one of the most practical and comfortable clothing items for preschool children because they provide freedom of movement, protection from weather conditions, and convenience during daily activities. This article examines the design principles, pattern-making process, material selection, and manufacturing technology of overalls for preschool children. It also discusses ergonomic requirements, fabric characteristics, production techniques, quality control, and the application of modern technologies in garment manufacturing. The study emphasizes the importance of combining functionality, safety, aesthetics, and durability in children's clothing production.

Keywords:

preschool children, overalls, garment technology, clothing design, pattern making, textile materials, sewing technology, ergonomics, children's wear, quality control.

Children's clothing differs significantly from adult garments because it must satisfy not only aesthetic requirements but also health, safety, hygiene, and ergonomic standards. Preschool children are physically active throughout the day; therefore, their clothing should allow unrestricted movement while protecting them from environmental conditions. Overalls have become one of the most popular garments for young children because they combine comfort, practicality, and functionality. Modern garment manufacturers pay particular attention to the design and production of children's overalls to ensure high quality, durability, and user comfort. The design process begins with studying children's anthropometric measurements. Accurate



body measurements are essential for creating garments that fit properly without restricting movement. Preschool children grow rapidly, so designers must consider appropriate ease allowances to provide comfort while maintaining an attractive appearance. Modern computer-aided design (CAD) systems have simplified the pattern-making process by increasing precision, reducing material waste, and improving production efficiency. Fabric selection is one of the most important stages in manufacturing children's clothing. The chosen materials must be soft, lightweight, breathable, moisture-absorbent, and hypoallergenic. Natural cotton fabrics are widely preferred because they provide excellent comfort and reduce the risk of skin irritation. For winter overalls, insulated fabrics with thermal protection and water-resistant outer layers are commonly used to protect children from cold weather while maintaining comfort during outdoor activities. Safety is a fundamental requirement in children's garment production. Designers must avoid small decorative accessories that may become choking hazards. Zippers, buttons, snaps, and elastic bands should be securely attached and easy for parents to use. All seams should be smooth to prevent skin irritation, while labels and accessories should be positioned to avoid discomfort. International safety standards provide manufacturers with clear guidelines for producing safe children's clothing. Pattern development involves translating body measurements into accurate garment components. Designers prepare separate patterns for the front, back, sleeves, hood, pockets, collars, and other elements. Proper grading techniques allow manufacturers to produce garments in different sizes while maintaining consistent proportions. Pattern optimization also reduces fabric consumption and lowers production costs without compromising product quality. The manufacturing process includes fabric inspection, spreading, marker making, cutting, sewing, pressing, finishing, and quality inspection. Each production stage must follow established technological standards to ensure product consistency. Modern sewing equipment, computerized embroidery machines, automatic cutting systems, and digital quality control technologies significantly improve production efficiency while reducing manufacturing defects. Ergonomics plays an important role in designing children's overalls. The garment should support natural body movement during walking, running, climbing, sitting, and playing. Flexible construction, comfortable armholes, properly positioned crotch depth, and lightweight materials contribute to greater mobility and wearing comfort. Designers should also consider seasonal requirements by selecting appropriate insulation materials and ventilation features. Environmental sustainability has become



increasingly important in the textile and garment industry. Many manufacturers now use eco-friendly fabrics, recyclable packaging materials, and environmentally responsible production technologies. Sustainable manufacturing not only protects the environment but also improves consumer confidence in children's clothing products. Digital technologies continue to transform garment manufacturing. Computer-aided design software, three-dimensional garment simulation, automated production systems, artificial intelligence, and digital quality monitoring enable manufacturers to produce high-quality garments more efficiently. These innovations reduce production time, minimize material waste, and improve overall product consistency. Quality control is performed throughout every stage of production. Manufacturers inspect raw materials, stitching quality, seam strength, dimensional accuracy, color consistency, and finishing operations before garments reach consumers. Strict quality assurance procedures guarantee that children's overalls satisfy both national and international quality standards. In conclusion, the design and manufacturing of overalls for preschool children require careful consideration of comfort, safety, functionality, durability, and aesthetic appearance. Modern garment technologies, high-quality materials, ergonomic design principles, and digital production systems enable manufacturers to produce clothing that meets the highest standards of quality and safety. Continuous innovation in children's garment manufacturing will further improve product performance while satisfying the growing expectations of consumers and supporting the sustainable development of the textile industry.

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